

Maryanne Comaroto

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Relationship activist, coach, radio and TV personality, and award-winning author. Founder of the 501(c)3 National Action Organization, “Dedicated to changing the way our culture values each other.”

Education:

PhD, Depth Psychology with Somatic Emphasis, Pacifica Graduate Institute, 2018
Concentrations: Sacred Feminine, Women’s Issues, Somatics, Relationships, Cultural Trauma
Dissertation: Re-visioning the Feminine: Unveiling the Cultural Shadow of Female Sexual Objectification

Dissertation Advisors: Dr. Sandra Easter, Dr. Jeanne Schul, Dr. Arthur Ciaramicoli

MA, Psychology, Cum Laude, Pacifica Graduate Institute, 2016

BA, Psychology, Cum Laude, Alpha Sigma Lambda, Dominican University, 2013
Concentrations: Sexual Objectification

Thesis: The Effects of “First Love” on Future Relationship Satisfaction

Thesis Advisor: Dr. Ian Madfes

Credentials:

- Certified clinical hypnotherapist (CCHT)
- Certified in Equine Guided Education (CEGE)
- Open Floor Movement teacher (OFMT)

Experience:

- 2018 JSSS Conference, presented research titled: #MeToo: Female Sexual Objectification, the Castration of the Feminine, and Cultural Transformation
- 2017, Seeing Red Conference, presented research titled: Reclaiming the Feminine and Embodied Experience: Dancing with the Archetypes
- 2013, Western Psychology Association (WPA) Conference, presented research titled: First Love Effect
- 2011, hosted the pre-screening of Paramount's "No Strings Attached" at San Francisco's Metreon.
- 2009, founded SHOMI, LLC, a personal development corporation
- 2008, emceed the World Forgiveness Day event in Marin
- 2007-2018, hosted a weekly radio talk show *Maryanne Live* broadcast in 103 countries, interviewing leaders in the relationship field like Dr. Helen Fisher and John Gray, and

masters of awareness like Ram Dass, Robert Forman, Lynn Andrews, and Dr. Jill Bolte Taylor. She also hosted the radio shows *Power of We* with David Raynal and *Heart Talk* with Eve Hogan. Presently hosts a monthly talk show, *RealTime Relationships*, giving insider tips on how to navigate the perils and pitfalls of modern dating, mating, and relating.

- 2004-2012, presented at the Conscious Life Expo and Book Expos in San Francisco, LA, and Chicago
- 2002-current, is a go-to expert for *Fox News*, *The Beverly Hills Times Magazine*, *Hollywood Life*, *WetPaint*, *eHarmony*, and other online publications. Her blogs can be found on yourtango.com, ezinearticles.com, blogger.com, and dozens more sites. She has appeared on ABC's "20/20," Disney's "Soap Net," and San Francisco's KGO-ABC's "View from the Bay," etc., and spoken at Great Expectations dating service events.
- 2002, CEO and founder of the National Action Organization, a 501(c)3 nonprofit committed to changing the way our culture values each other
- 1997, developed a unique body-centered system of self-inquiry called the SHOMI™ Method
- 1991-2000, produced, wrote, directed and hosted 3 TV pilots and a dozen independent made-for-TV specials
- 1985, helped open the Adolescent Chemical Dependency Unit at Marin General Hospital

Publications:

- *Skinny, Tan and Rich: Unveiling the Myth*
- *Hindsight: What You Need to Know Before You Drop Your Drawers!*
- 5-DVD workshop workbook *Great Relationships Begin Within*, also available online as CORR®, the Certificate of Responsible Relationship course
- 4-CD series "Thrive: Seven Essential Truths for Revealing Your Secret, Sacred Self"
- *Great Relationships Begin Within* Divination Deck, with David Raynal

Interests:

Maryanne's gift is translating life's complexities into practical tools for creating healthy, fulfilling, sustainable relationships. She's recognized by her peers and students as a wise, witty, soulful teacher who walks her talk. Maryanne provides a powerful and positive blueprint for creating healthy, fulfilling, sustainable relationships. Her unique approach starts with developing personal insight; "Great relationships begin within!®"

Maryanne's current research and projects include helping revision our culture's relationship paradigm by empowering men and women to explore alternative archetypal models that reflect this emerging paradigm shift, facing and working with the personal and cultural Shadow material associated with the inherited patriarchy and addressing the traumatogenic factors associated with this through embodied inquiry.

Currently Maryanne is living in Marin County and has a private practice emphasizing Somatic inquiry. She has a track record of helping people with the four human hungers for relationship with self, other, God, and community; raised a healthy, thriving son; and is happily married to her partner David Raynal.